

The Ultimate Warm-up

by Gary P. Gilroy

Flute

Musical score for Flute, titled "The Ultimate Warm-up" by Gary P. Gilroy. The score is in 2/4 time with a tempo of 120 beats per minute. It consists of nine staves of music, each containing a different exercise labeled A through I. The exercises are: A (quarter notes), B (quarter notes), C (quarter notes), D (quarter notes), E (eighths), F (eighths), G (eighths), H (eighths), and I (eighths). The dynamics range from *mp* to *fff*. The key signature has two flats (B-flat and E-flat).

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Musical score for Flute, titled "The Ultimate Warm-up" by Gary P. Gilroy. The score is in 2/4 time with a tempo of 120 beats per minute. It consists of nine staves of music, each containing a different exercise labeled A through I. The exercises are: A (quarter notes), B (quarter notes), C (quarter notes), D (quarter notes), E (eighths), F (eighths), G (eighths), H (eighths), and I (eighths). The dynamics range from *mp* to *fff*. The key signature has two flats (B-flat and E-flat).

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The Ultimate Warm-up

$\text{♩} = 120$ 2

mp *mf* *f* *ff* *fff*

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The Ultimate Warm-up

$\text{♩} = 120$ 2

mp *mf* *f* *ff* *fff*

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E♭ Alto Saxophone

The Ultimate Warm-up

by Gary P. Gilroy

J = 120 **2**

mp **A**

B

C *mf* **D**

E **F**

G *mf* **H** *f*

I *ff* *fff*

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E♭ Alto Saxophone

The Ultimate Warm-up

by Gary P. Gilroy

J = 120 **2**

mp **A**

B

C *mf* **D**

E **F**

G *mf* **H** *f*

I *ff* *fff*

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Bb Tenor Saxophone

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

mp *mf* *f* *ff* *fff*

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Bb Tenor Saxophone

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

mp *mf* *f* *ff* *fff*

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The Ultimate Warm-up

♩ = 120 2

mp **A**

B

mf **C** **D**

2 **E**

F

mf **G** **H** *f*

I *ff* *fff*

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The Ultimate Warm-up

♩ = 120 2

mp **A**

B

mf **C** **D**

2 **E**

F

mf **G** **H** *f*

I *ff* *fff*

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Bb Trumpets

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

mp *mf* *ff* *fff*

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Bb Trumpets

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

mp *mf* *ff* *fff*

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Horn (in F)

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$
2
mp
A
B
C
mf
D
E
2
F
G
mf
H
f
I
ff
fff

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Horn (in F)

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$
2
mp
A
B
C
mf
D
E
2
F
G
mf
H
f
I
ff
fff

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Horn (in Bb)

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

mp

A

B

C

D

E

F

G

H

I

mf

f

ff

fff

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Horn (in Bb)

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

mp

A

B

C

D

E

F

G

H

I

mf

f

ff

fff

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Trombones/Baritone (B.C.)

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

mp

A

B

C

D

E

F

G

H

I

mf

ff

f

fff

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Detailed description: This is a musical score for Trombones/Baritone (B.C.) in bass clef, 2/4 time, with a tempo of 120 beats per minute. The score consists of nine staves of music, each containing a different exercise labeled A through I. Exercise A starts with a half note G2, followed by quarter notes G2, F2, E2, D2, C2, B1, A1, G1, and a half note G1. Exercise B continues with quarter notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Exercise C features eighth notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Exercise D has quarter notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Exercise E is a sixteenth-note scale starting on G1. Exercise F is a sixteenth-note scale starting on G1. Exercise G is a sixteenth-note scale starting on G1. Exercise H consists of quarter notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Exercise I consists of quarter notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Dynamics range from mp to fff.

Trombones/Baritone (B.C.)

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

mp

A

B

C

D

E

F

G

H

I

mf

ff

f

fff

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Detailed description: This is a musical score for Trombones/Baritone (B.C.) in bass clef, 2/4 time, with a tempo of 120 beats per minute. The score consists of nine staves of music, each containing a different exercise labeled A through I. Exercise A starts with a half note G2, followed by quarter notes G2, F2, E2, D2, C2, B1, A1, G1, and a half note G1. Exercise B continues with quarter notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Exercise C features eighth notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Exercise D has quarter notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Exercise E is a sixteenth-note scale starting on G1. Exercise F is a sixteenth-note scale starting on G1. Exercise G is a sixteenth-note scale starting on G1. Exercise H consists of quarter notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Exercise I consists of quarter notes G1, F1, E1, D1, C1, B0, A0, G0, and a half note G0. Dynamics range from mp to fff.

Baritone (T.C.)

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by Gary P. Gilroy

$\text{♩} = 120$ 2

mp *mf* *f* *ff* *fff*

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Baritone (T.C.)

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

mp *mf* *f* *ff* *fff*

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Tuba

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

A B C D E F G H I

mp *mf* *f* *fff*

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Tuba

The Ultimate Warm-up

by Gary P. Gilroy

$\text{♩} = 120$ 2

A B C D E F G H I

mp *mf* *f* *fff*

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Snare Drum

The Ultimate Warm-up

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J = 120

fff *mf* *fff*

A *RLRLRLRL* etc.

B *RLRLRLRL* etc.

C *RLRLRLRLRLRL*

D *RLRLRLRLRLRL*

E *RLRLRLRLRLRL*

F *RLRLRLRLRLRL*

G *mf*

H *mf*

I *f* *fff*

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Snare Drum

The Ultimate Warm-up

by Gary P. Gilroy

J = 120

fff *mf* *fff*

A *RLRLRLRL* etc.

B *RLRLRLRL* etc.

C *RLRLRLRLRLRL*

D *RLRLRLRLRLRL*

E *RLRLRLRLRLRL*

F *RLRLRLRLRLRL*

G *mf*

H *mf*

I *f* *fff*

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Quads

The Ultimate Warm-up

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$\text{♩} = 120$

mf RRRRRRRR LLLLLLLL RRRRRRRR LLLLLLLL RRRRRRRR

RLRLRLRL etc.

RLRLRLRL RLRLRLRL etc.

RLRLRLRLRLRLRLRL RLRLRLRLRLRLRLRL

f RLRLRLRL etc.

fff

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Quads

The Ultimate Warm-up

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$\text{♩} = 120$

mf RRRRRRRR LLLLLLLL RRRRRRRR LLLLLLLL RRRRRRRR

RLRLRLRL etc.

RLRLRLRL RLRLRLRL etc.

RLRLRLRLRLRLRLRL RLRLRLRLRLRLRLRL

f RLRLRLRL etc.

fff

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The Ultimate Warm-up

$\text{♩} = 120$ 2

mf R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L

A **B**

R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L R R R R L L L L R

C **D**

E

F **G** *mf*

H *f* **I** *ff* *fff*

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The Ultimate Warm-up

$\text{♩} = 120$ 2

mf R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L

A **B**

R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L R R R R L L L L R

C **D**

E

F **G** *mf*

H *f* **I** *ff* *fff*

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The Ultimate Warm-up

$\text{♩} = 120$ 2 Hi-Hat 4

8 A 4

B 2 2 2

Crash

6 C 2 2 D 4

E F

Hi-Hat Crash

2 G 5 H 2

I mf f

ff fff

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The Ultimate Warm-up

$\text{♩} = 120$ 2 Hi-Hat 4

8 A 4

B 2 2 2

Crash

6 C 2 2 D 4

E F

Hi-Hat Crash

2 G 5 H 2

I mf f

ff fff

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